

AGENDA
NASA Health & Wellness Committee
December 13, 2001
ViTS 3:30 to 4:40 PM EST

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|------|--|-------------------|
| I. | Welcome, Attendance and Review of Agenda | Helen Shoemaker |
| II. | Astronaut Health & Wellness Program | Christine Stevens |
| III. | AHA Heart At Work Online Program
a) Logging On
b) Overview of Program Resources | Helen Shoemaker |
| IV. | Suggestions for Upcoming Promotions
a) 1 st Quarter 2002
a. American Heart Month
b) 2 nd Quarter 2002
a. Stress
c) 3 rd Quarter 2002
a. TBD | Group Discussion |
| V. | Cold and Flu Program | Centers |
| VI. | Action Items
Metrics for Influenza and Cold Season
a. # of influenza vaccines administered
i. NASA Civil Servants
ii. Contractors
iii. Others
b) Metrics for National Breast Cancer Awareness
a. Total # and % of female civil servant population reached
b. Summary of activities
c) 2002 ViTS Schedule
a. March 20
b. June 19
c. September 19
d. December 3 | Helen Shoemaker |
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